

Sacred Summer Solstice Celebration



June 23, 2023 / 9:30AM-6:00PM / Henry's Barn, Oberlin

Let's gather together for this full day immersion to inspire, create and connect among our fellow sisters.

Includes guided meditation, dynamic breath work, inspiring yoga practices, journaling and more.

Catered vegetarian lunch + snacks included.



This empowering day will be led by **Lisa Gianvito, Annie Siegel, and Julie Schlemmer**, all seasoned yoga teachers of nearly 20 years, brought together for what they consider a life-changing yoga teacher training. Together, we can harness this sacred energy, connecting within this safe and supportive sisterhood.

